



Section 1557 Notice of Nondiscrimination

InStride Foot and Ankle Specialists, PLLC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. InStride Foot and Ankle Specialists does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

InStride Foot and Ankle Specialists:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, etc.)
- Provides free language services to people whose primary language is not English, such
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact April LeClear, Compliance Manager & Civil Rights Coordinator, at 704-886-1918 or April.LeClear@instridefoot.com.

If you believe that InStride Foot and Ankle Specialists has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: April LeClear, Civil Rights Coordinator by Mail: 1036 Branchview Drive NE, Suite 216, Concord, NC 28025, Phone: 704-886-1918, ext. 1612, Fax: 704-257-2049, or Email: April.LeClear@instridefoot.com.

You can file a grievance in person, by mail, fax, or email. If you need help filing a grievance, April LeClear, Compliance Manager, Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-704-886-1918.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-704-886-1918。

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-704-886-1918.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-704-886-1918 번으로 전화해 주십시오.

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement.

Appelez le 1-704-886-1918.

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-704-886-1918

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-704-886-1918.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-704-886-1918.

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.

Tumawag sa 1-704-886-1918.

સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-704-886-1918.

ប្រយ័ត្ន: បើសិនជាអ្នកនិយាយ ភាសារុស្ស៊ី, សេវាជំនួយភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 1-704-886-1918។

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-704-886-1918.

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-704-886-1918

पर कॉल करें।

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີຮັບໃຫ້ທ່ານ. ໂທ 1-704-886-1918.

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-704-886-1918 まで、お電話にてご連絡ください。



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If you need these services, please contact our office in any of the following ways:

Phone: 919-603-0044

Email: Oxfordfoot@instridefoot.co

Mail or In Person: 103 Professional Park Drive Oxford, NC 27565

Fax: 919-603-0151

If you believe that InStride Foot and Ankle Specialists has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our office using the contact information above. You can file a grievance in person, by mail, fax, or email. If you need assistance filing a grievance, please let us know and we will assist you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at

<https://ocrportal.hhs.gov/ocr/smartscreen/main.jsf>

or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW

Room 509F, HHH Building

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